

# Unstoppable Success

GROUP BLUEPRINT

## Vision Driven Goals

### TURNING DREAMS INTO ACHIEVEMENTS WITH PURPOSEFUL GOALS

#### PLAY A MENTAL MOVIE OF YOUR GOAL.

Visualize you living the goal you set. It is important that your movie is played as if you are living it now. Feel the emotions, experience the sights and sounds. Don't forget to include all your senses to make the experience feel real.

#### BREAK DOWN EACH OF YOUR MAJOR GOALS

You'll feel less overwhelmed when you break up a large goal into a series of smaller steps, each with specific, achievable tasks. This makes reaching your ultimate goal that much easier.

#### NURTURE A RELATIONSHIP OR HIRE A COACH HOLD YOU ANSWERABLE FOR YOUR PROGRESS.

Ask a friend to be an accountability buddy (perhaps someone in the Unstoppable Success Group) that you can share your experiences with as you work towards your goal. Ideally, this person will be someone who can encourage you when obstacles arise and celebrate your successes with you along the way.

#### CREATE EITHER A PHYSICAL OR VIRTUAL GOAL BOARD

Your goal board is a visual reminder of why you created a particular goal. Take a poster board, bulletin board, or electronic platform, and fill it with pictures and other images that help you maintain your enthusiasm and focus.

#### RECORD AND DOCUMENT YOUR PROCESS.

Start a journal and write about your experience as you pursue your goal. Writing down your thoughts is a great way to maintain your motivation to the end.

### MY MINDSET INTENTION THIS MONTH

### CONNECT-GROW-SUCCEED CHECKLIST

Make It Happen Monday

Transformation Tuesday

Virtual Networking Wednesday






Promo Thursday


Fun Friday

Self Care Saturday

Celebrate Sunday

#### Top 5 Contributors

- 1★  **Debi Conro Goldben**
- 2  **Rynette Vall**
- 3  **Terry Green**
- 4  **Khae Chanel**
- 5  **Heidi Spangler**

  
**Success Map Treasure**  
Aprilis Bath Bombs Gift Set,  
Organic and Natural Bath  
Bomb Kit

