

Day Twenty Action Power Step



Publication Notice

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Day 20 Action Steps

You may not be experiencing any "rearranging" in your life at this moment. Remember these tips when you do... these 10 tips may help you through it.

- **1**. One of my favorite mantras to say during this time: "Up to this very moment, I have survived everything that has happened."
- 2. Keep focusing on the outcome.
- **3.** Keep a journal. I like using composition books. You can usually find them on sale during the back to school season.
- **4.** It's okay to "feel"... acknowledge what you are feeling during this period.
- **5.** Have lunch with your best friend and cry on her shoulder.
- **6.** Remember God/Universe will supply you with whatever you need to make it through this period.
- **7.** Do not give up... most people quit right before they experience a breakthrough.
- 8. Is some fear causing this upheaval?

- **9.** Stay in gratitude... even during the "rearranging" time. Be grateful for this time because the universe is working on your request.
- 10. Ask for help... Write a Dear God Letter.

Dear God,

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