

21 DAY
MONEY MINDSET
PROGRAM



Day Seventeen
Action Power Step

Publication Notice

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Day 17 Action Steps

Happy talk, keep talking happy talk, Talk about things you'd like to do, You gotta have a dream, if you don't have a dream, How you gonna have a dream come true?

Lyrics from South Pacific - Happy Talk

1. Write out that one dream that's been nagging at your inner core.

2. List any unrealized childhood dreams that still make your heart jump when you think about them.

3. What is your ultimate financial dream

What does success mean to you? In order to discover what success means to you and what you want in life, the answers to these questions can give some guidance.

4 "Where do I want to be in 2 years?" *This is not the question "Where do I see myself in 2 years?" Think about what you want in five years. If you ask yourself where you see yourself, you're simply going to see yourself as a glorified version of now.*

5. "How do I define happiness in my career or business?" *It is important to assess whether or not you're feeling fulfilled in your work.*

6. "How do I get to the places I want to be?" *You need to know how to get to where it is you want to be. You can't go there blind or expect it to fall into place all on its own. You must be proactive to make things happen. - Ask your inner guide/voice for guidance*

7. "What areas in my life do I want to enjoy more?" *We all want to succeed in more than just one area in our lives, so set multiple goals. For example, one goal may relate to your career while other goals may relate to your relationship, children, or hobbies.*

8. "What are my goals in life?" This coincides with what areas you want to experience success, but you must actually *write down* your goals and set real milestones that you can accomplish.

9. "What kind of balance do I need in my life?" *You must find a balance between work, family, and personal time for you to feel fulfilled. If you have a tendency to over-extend yourself, it's important to find an equal balance so no area of your life goes unnoticed.*

Don't be afraid of your dreams and desires, especially when it comes to your finances.

The next page contains Marianne Williamson's Our Deepest Fear poem that you can print. Hang on a wall where you will read it regularly.

Our Deepest Fear

*Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond
measure.*

*It is our light, not our darkness that most frightens
us.' We ask ourselves, 'Who am I to be brilliant,
gorgeous, talented, fabulous?*

*Actually, who are you not to be?
You are a child of God.*

*Your playing small does not serve the world.
There's nothing enlightened about shrinking so that
other people won't feel insecure around you. We are all
meant to shine, as children do.*

*We were born to make manifest the glory of God
that is within us. It's not just in some of us;
it's in everyone.*

*And as we let our own light shine, we unconsciously
give other people permission to do the same. As we're
liberated from our own fear, our presence
automatically liberates others.*

Marianne Williamson

Using the answers from the previous question and your heart's desire list from Day 11, write a vision for your life for the next year

10. Complete Day Seventeen Inner Reflection Questions

1.

2.

3.



Notes & Thoughts