

I am living the life I want to live.

I am living the life I want to live.

I am in charge of my life. I am the only person who determines what I do and who I become. ***It is up to me to choose the life I want and live it.***

The life I am living is the life that I *want* to live. I work hard to acquire the career that I've always desired.

I have the family that I want to have. My mate is a great match for me. I am raising my children to behave the way I want them to behave.

Life is filled with situations that turn out differently than I expect. At those times, I get on my knees and pray for direction. I seek wisdom from people who are what I aspire to be and I make the necessary adjustments to my behavior.

The authority to alter the course of my life belongs to me. ***With a simple decision, I have the power to change where I am and where I am headed.*** I arm myself with the tools necessary to enact change.

Actions have consequences. Therefore, I align my actions with my desired result. When an action leads me away from my goals, I change my *reaction* so I can be more productive.

Today, I choose to pray for direction and reflect on where I am taking my life. ***I make adjustments to my behavior, even if it seems easier to change my goals than to change my behavior.***

Inner-Reflection Questions:

1. Am I living the life I want to live?
2. What do I need to change to achieve the life I want?
3. Who can help me find direction

