

# *I know how to find my inner treasure*

**I know how to find my inner treasure.**

Like everyone else, I have a treasure inside of me.

I have the capacity for great joy and beauty and I am willing to search for this inner treasure. Finding it is easy for me. ***I keep my mind and heart open to my inner treasure.*** I find great joy and peace from the treasure I have in my mind, heart, and spirit.

Each day I look for my inner treasure. Because I find it, I radiate happiness and joy outward to those I encounter. ***My inner treasure brings me happiness.*** I know I am capable of anything. I have talent and treasure inside, just waiting to get out. I take a leap of faith and let that treasure shine forth.

When others see my inner treasure, they want what I have. I show them how to have the peace I have within myself. ***I am liked and appreciated because I love and care for others.*** My happiness and inner beauty comes forth in anything I do. I enjoy helping others and discovering new things about myself.

Every day I seek out love and light. These are the things that matter in my life, and I freely share them with other people. ***My inner treasure is not a secret to be hidden, but a wondrous joy to share with the world.*** I am not afraid to share my inner treasure with the people in my life.

Today, I seek out and locate my inner value and beauty.

## **Inner-Reflection Questions:**

1. What can I do to bring forth my inner treasure?
2. How can I help others find their inner treasures?
3. What is the best way to use my inner treasure to bring joy to my life?



Day 16 Money Mindset Reflection Exercises

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