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I strive to recognize new opportunities when I see them and take advantage of the benefits they bring. One benefit I especially look forward to is the richness and variety new experiences bring to my life.

Sometimes the benefits are completely different from what I expect and I accept that. I cannot tell from the outset what fruits an opportunity might bring, but *I can* look forward to whatever it may be.

Even if the opportunity does not pan out the way I hoped, I am still rewarded. *I learn* new things, meet new people, and grow with new experiences.

Life brings new opportunities every day. It is my choice to reach out and grab them or let them pass by unnoticed.

I know that when I am attuned to new opportunities, my perception increases, and I am quick to seize the day. I choose to embrace every good opportunity that comes my way!

Today, my plan is to seek new experiences that enrich my life. I know that, whatever the outcome, I am made stronger, wiser, and happier.

Inner-Reflection Ouestions:

- 1. Do I actively seek new opportunities?
- What opportunities did I pass on today? Why?
- 3. What rewards came from a life experience that happened many weeks, months, or years ago?

