

21 DAY
MONEY MINDSET
PROGRAM



Day Nine
Action Power Step

Publication Notice

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4. What is one small thing you can do to experience the feeling of trust and detachment?

5. What is one small thing that you can let go of the "how" and detach from the outcome... trusting the details will become obvious at the right time and place?

It took me most of my life to reach this step... please don't be hard on yourself if you don't get it right away or you need to do more inner healing to build up your trust.

One thing that worked for me was to trust my husband could complete a task without me giving him step by step instructions or insisting my way was the only way.

Let me tell you... it drove me nuts at first. I literally sat on my hands. At times tempted to put duct tape over my mouth.

Actually, some of his ways or methods turned out to be much better than mine... the task got completed just fine.

6. Complete Day Nine Inner Reflection Questions

1.

2.

3.



Notes & Thoughts