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Life is a wonderful mystery, and I am content to let it unfold. While others might complain and struggle, I can see that life has its own process. ***I trust that process even if I lack complete understanding.***

Life is a miraculous thing. All the answers come in time. While the reasons may be a mystery to me, I know that there is a purpose to everything in my life.

I trust the process of life and trust in my Creator. Knowing that life has its own agenda, I am able to relax and go with the flow. I still make a conscious effort to direct my life where I can, but I am accepting of where life takes me.

I realize there is real power in acceptance.

When I am at work, I can see that certain things are beyond my control. I am comfortable with this. Work provides me with the opportunity to not just experience my own life, but to also observe the lives of others. I learn so much.

When I am at home, the process of life – with its ups and downs, twists and turns – is so evident, and I appreciate it. It is beautiful to me and keeps life interesting.

Today, ***I accept all that life has to offer and recognize that things happen in their own time.*** The process of life is an incredible thing, and I trust in it completely.

Inner-Reflection Questions:

1. What are some of my challenges in life right now?
2. Can I accept that I might not understand the reasons for my challenges?
3. How can I be more accepting and trusting of life itself?

