

Day 2 - Your Magic Power Appetizers

Taking Responsibility. Select one appetizer for today. It's important to complete at least one action.
#1 takes very little time, #2 a tad bit more time #3 requires more thought and/or action time.



Deliciously Simple

Print the passion poster and put where you can see it throughout the day. Say the affirmation to yourself 25 times during the day,



Delightfully Tasty

Print the **Anchor ME™** Reflection Statement and read several times along with saying affirmation 25 time during the day. Answer the three Inner Reflection questions.



Powerfully Sustaining

Reconnect with Your Goals. List your top five or six life goals here. What will you do each day to remind yourself to take responsibility and work toward accomplishing your goals?

Ready to Live in Your Unstoppable Success Zone?

Schedule a **20 Minute Complimentary Chat Session** - ChatwithAnn.com